



## Liberation of the Actor

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By Peter Bridgmont

Temple Lodge Publishing. Paperback. Book Condition: new. BRAND NEW, Liberation of the Actor, Peter Bridgmont, The artist was once a messenger of the gods. Breathing in, the Greek actor was lifted into a realm of thought and inspiration. And breathing out, the will was strengthened. Can modern actors again become messengers through their own power of description and dramatization? Anyone with an interest in the spoken world, acting, or the future of the theatre will welcome this book in which the author goes beyond simple character study and interpretation, as he re-examines the forgotten, esoteric, qualities of acting. Based on Rudolf Steiner's ideas on speech and drama, he provides a new basis for a true liberation of the contemporary actor.

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