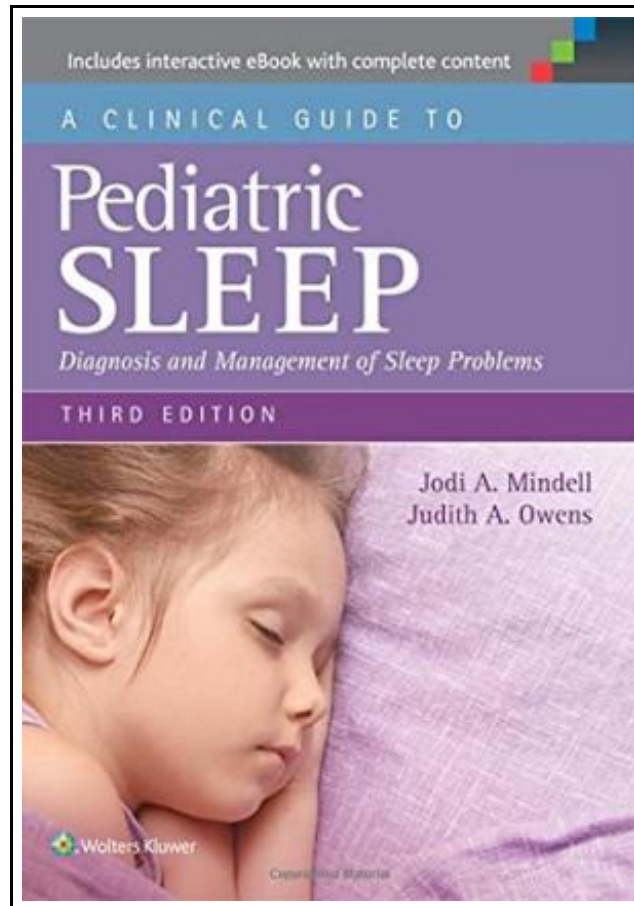


A Clinical Guide to Pediatric Sleep: Diagnosis and Management of Sleep Problems (3rd Revised edition)



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Reviews

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(Dr. Teagan Beahan Sr.)*

A CLINICAL GUIDE TO PEDIATRIC SLEEP: DIAGNOSIS AND MANAGEMENT OF SLEEP PROBLEMS (3RD REVISED EDITION)



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Lippincott Williams and Wilkins. Paperback. Book Condition: new. BRAND NEW, A Clinical Guide to Pediatric Sleep: Diagnosis and Management of Sleep Problems (3rd Revised edition), Jodi A. Mindell, Judith A. Owens, A Clinical Guide to Pediatric Sleep: Diagnosis and Management of Sleep Problems synthesizes current information about the assessment and treatment of sleep disorders in children and adolescents and provides in an accessible format for busy clinicians. Chapters are organized by disorder and by presenting complaints so that pediatricians, family physicians and nurse practitioners can quickly find a diagnosis and its appropriate treatment options. The 3rd edition includes: Updated ICSD-3 and DSM-V guidelines; the nomenclature and diagnostic criteria will be significantly changed for all sleep disorders, with specific sections on developmental considerations pertinent to the pediatric population. Updated scoring. Scoring of overnight sleep studies was based on scoring rules developed in 2007; the 3rd edition will update sleep scoring to the system implemented in 2012 by the The American Academy of Sleep Medicine (AASM). Standards of practice. The AASM has now published standards of clinical practice guidelines in three major areas in pediatric sleep medicine: bedtime problems/night wakings, circadian rhythm disorders, and narcolepsy. New standards of practice on respiratory and non-respiratory indications for overnight polysomnography (PSG) in children and revised standards for actigraphy, a commonly used sleep measure in children and adolescents, and treatment of restless legs syndrome and periodic limb movement disorders also will be included. Finally, the 3rd edition presents the AAP's new guidelines on diagnosis and management of obstructive sleep apnea and the AAP's policy statement on school start times and its relationship to sleep in adolescents. New and novel treatment modalities. New information on the efficacy of new and novel treatments for pediatric obstructive sleep apnea (e.g., oral appliances, myofunctional therapy), insomnia, and circadian rhythm disorders...

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