



## The Root of All Healing: 7 Steps to Healing Anything

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By Misa Hopkins

iUniverse, United States, 2009. Paperback. Book Condition: New. 224 x 150 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Within each of us there is a core discovery that needs to be made if we are going to become well. In a direct yet compassionate style, Misa Hopkins reveals the reason so many of us don't get well-even though we have tried a variety of treatments and solutions. There is a growing acknowledgement in contemporary spiritual thought that we are the creators of our own reality, including our health. Hopkins shares real-life stories demonstrating that healing is not just the result of finding the right cure, but rather a personal opportunity to create wellness by engaging the sacred flow of Divine consciousness. Without promoting any particular healing methodology or spiritual practice, she provides us with simple steps-a guidebook-for accessing the healing power and wisdom that already lives inside. Hopkins candidly takes us into the successes of her own healing as she uncovered and transformed secret needs being met through her life-challenging illnesses. She shows us how illness can actually meet profound subconscious emotional needs, causing us to remain sick, and then she teaches us how to...



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